



Précis and action points from the SSS **Physical Activity Committee** meeting held on Wednesday 25th January 2011 at Dundee.

Present

Julie Falls (JF)
 Hazel Ednie (HE)
 Seona Mackenzie (SM)
 Laura Philpott (LP)

Apologies

Alastair Adamson (AA)
 Claire Gibb (CG)
 Fiona Mathie (FM)

In attendance

Chris Sellar (CS)
 Jenni Lloyd (JL)

Welcome, introductions and apologies

1. JF welcomes all to committee meeting.
2. Introduced Laura to PAC committee (e): Lp47@st-andrews.ac.uk – CS to send around and add to distribution list.
3. JF/CS to send PAC documents to LP.
4. *Notes from Exec meeting 30/11/12:* were reviewed and approved as an accurate record.
5. *Matters arising:* Melvin has resigned from Committee- JF to follow up why?

ACTION

CS

JF/CS

JF

Dance Festival

6. HE- Sunday 4th Nov for DF at Dundee; separate fee for ISE members; SM deadline for students- all agreed.
7. CS- Greater use of freshers fayres to promote.
8. HE to determine prices for Dundee facilities for promotional flyers.
9. HE to contact Anna re:circus skills and Scottish Dance Theatre/ Bloki dance group
10. ALL to provide HE with contacts for teachers

HE

HE

ALL

Active Age

11. JL to contact Dawn re:World Age Congress (WAC)
12. SM- Active age to be held in Glasgow to coincide with WAC on week commencing 27th August
13. JF to determine availability at Glasgow University
14. If Glasgow is unavailable- JF/ JL to contact Glasgow Caledonian to determine availability
15. Education section, nutrition and guidelines talk, hand outs- All Agreed- Morag Fow possible facilitator- HE to contact
16. Possible date- 29th/30th – all agreed

JL

JF

JF/JL

HE

Eating disorder guidelines

17. HE to create appendix with tips, language etc.
18. HE to contact Sara and Alan to endorse with logo or sign off
19. Distribute document around institutions- launched with February newsletter
20. All to look through National Eating Disorders Association (NEDA) website

HE

HE

ALL

Disability Festival

21. CS to follow up and update PAC- FM to instigate PAC involvement requirements

CS

BUCS inclusion strategy

22. Discussed possibility of creating SSS inclusion strategy in line with BUCS.
23. Research?- Distribute a research question to institutions for students to possibly uptake for dissertation- JL to follow up

JL

Newsletter

24. 18th of May deadline for next newsletter- all agreed
25. Roles discussed and agreed to the following:
26. JF- Editor's letter; All- round the departments; HE- Events; SM- Flyer: Holiday eating; JL- Recipe; CS- Interview questions for LP; LP- Exercise; JF- Myths and facts.
27. JL- Most recent 3 newsletters to remain on new website with previous ones stored in SSS digital archives- All agreed

ALL

Flyers

28. FM- to email out standard template- CS to follow up
29. JF to send through flyer list to LP
30. JL- Circulate flyers on website to reduce content with other stored in SSS digital archives- all agreed

**CS
JF**

1000 mile challenge

31. CS updates- instigated cross committee competition with additional Google Doc to be filled in by team captain
32. LP "volunteered" as team captain for SSS PAC committee

AOB

33. CS to add HE and JF as admins to SSS Facebook page

CS

Action List

CS to send LP email around, add to distribution list and send LP PAC documents	CS/ JF
JF to follow up why Melvin has left	JF
HE to determine prices for Dundee facilities for promotional flyers.	HE
HE to contact Anna re:circus skills & Scottish Dance Theatre/ Bloki dance group	HE
ALL to provide HE with contacts for teachers	ALL
JL to contact Dawn re:World Age Congress (WAC)	JL
JF to determine availability at Glasgow University	JF
If Glasgow is unavailable-to contact Glasgow Caledonian to determine availability	JF/JL
HE to contact - Morag Fow regarding educational talks at Active Age Festival	HE
HE to create appendix with tips, language etc.	HE
HE to contact Sara and Alan to endorse with logo or sign off	HE
All to look through National Eating Disorders Association (NEDA) website	ALL



CS to follow up and update PAC regarding disability festival	CS
JL to follow up possible student research on disability and sport in tertiary sector	JL
Newsletter contributions (as above)	ALL
CS to follow up flyer standard template with FM	CS
JF to send through flyer list to LP	JF
CS to add HE and JF as Admins to SSS Facebook page	CS