

Minutes from the **Physical Activity Committee** meeting held on Tuesday 12 October 2010 at The University of Edinburgh.

Present

Julie Falls (JF)
Seona McKenzie (SM)
Nicola Scott (NS)
Hazel Ednie (HE)
June Adamson (JA)
Lindsey Gallagher (LG)

In Attendance

Jacqui Stone (JS)
Fiona Mathie (FM)

Apologies

Justyna Paslawska (JP)
Yvette Wharton (YW)

WELCOME

1. No conflicts of interest were noted
2. *Minutes 5/8/2010*: The minutes were agreed as an accurate record
3. Actions from previous meeting were discussed

ACTION

Dance Festival

4. JA gives update on current progress at the moment. The plan is to start the Dance Festival slightly earlier than the previous one at 10.30 and finish slightly earlier.
5. JA goes over the programme and class choices, with some new different style classes and a couple of the popular choices from last year being the options.
6. FM discussed the option of students to bring packed lunches in order to keep the costs down and that snacks will be provided on the day. FM to enquire about snacks
7. It was agreed that dance clubs should be invited.
8. A small discussion was had over the cost of the dance festival. It was decided that the cost should be less than last year due to no lunch being provided and it should be £8 per person. All agreed.
9. HE mentioned it should be advertised to all members.
10. FM sending out poster today to committee and sports presidents.
11. JF enquired about having stands at lunch time, SM mentioned timing might be tight for stands. JS suggested investigating stands and see whether Kukri shop could be opened. SM suggested Lush to come – free products. HE to ask about Aloe Vera products.
12. HE enquired about parking to which JA informed the group that there is more parking on a Sunday which is free.
13. JS enquired about registration for the event, on concourse in the CSE.
14. NS to promote to Sports Presidents and encourage all to attend.
15. JA suggested it would be nice to get volunteers to introduce teachers before each class. ALL Agreed good idea
16. JS enquired whether Teachers would need to be paid on day. JA to ask Teachers to bring invoices on the day.

FM

JA

FM

JS
HE

NS

JA

Newsletter

17. JF went over the new layout and content of the newsletter, feedback was positive from ALL
18. SM suggested removing dates passed, FM to do this before sending out.
19. A small discussion was had on ways to promote the Newsletter. SM suggested linking up with Spider to send out to students. HE suggested ALL print out 10 copies each for departments. LG suggested to put it on websites, JF into classes, SN to student advisory.

FM

Content for Next Newsletter.

20. JS suggested that the next Newsletter should be ready for end of November. 26th November being the deadline for all to send in their work.
21. SM suggested it could tie in with Seminar and tie in with fitness and mental health.
22. Duties were given to HE recipe on a shoe string, dates for diary. NS to write up on dance festival with participant comments. JS mentioned that good photos are needed from dance festival. JF suggested video clips for facebook. JF to conduct the member/student interviews at Glasgow University. SM to collect round the departments. YW to look at Research. LG Class of the month (Zumba) and Exercise of the month. Feature question relating to exercise on a shoestring. RS to complete myths and facts and quiz. SM to look at dancers from Delhi, JA support staff from Delhi, send to FM.

ALL

Older Adult Physical Activity Summit

23. Older Adult Physical Activity Summit, SUS going to represent, HE also going.

FM HE
JS

SUS Nike+ Challenge

24. FM explained to all what it would entail and the ideas generate so far.
25. All agreed good idea and it should tie in with gyms around the sector. It should be advertised on fb/flyers and posters.
26. It was also suggested it could start at the seminar and finish at the conference.
27. JS suggested £1 entry to raise money for charity.
28. SM suggested it could lead on to Inter University Gym challenges.
29. JS to confirm after LLM meeting on getting Nike to sponsor event.

JS

AOCB

30. FM went over the Active Age Feedback, suggestions were made for next year that it could be promoted more to guys and more information given out prior to the event. It could also tie in with Later Life Training and Glasgow Life/Glasgow Sport.
31. JS updated the group on a meeting with Flora Jackson next week from the Physical Activity Advocacy Coalition Group, which will involved getting the Sector noticed.
32. JS also updated the group on her meeting with Ross Saunders from SUCCESS.
33. JS also informed the group that if YW cannot make meetings then should send a representative in- her place that can report back to her.

JS

Actions List

Newsletter content to SUS office by 26 th November 2010	ALL
Dance Festival Poster to be sent out	FM
Dance Festival to be advertised	ALL
To update Flyers and promote them to all Universities	ALL
To sort out volunteers for Active Age Festival	ALL
To speak to Sports Presidents re Dance Festival	NS
Investigate Stands for Dance Festival	ALL
Report from Older Adult Physical Activity Summit	FM HE
Nike+ Challenge generate ideas on promoting	ALL